

sharing plates

GARLIC FLATBREAD

(From 11.30am)
Sourdough garlic flatbread **GF* NF 14**add cashew mozzarella **4**

CARBONARA LOADED FRIES

Fries with carbonara sauce, facon, chives, cashew parmesan **GF NF* 18**

STONEFRUIT CAPRESE

Grilled thyme stonefruit, cashew mozzarella, tomato, fresh basil, toasted seeds, maple apricot dressing **GF** 17

GNOCCO FRITTO (From

11.30am)
Fried dough balls, olive salt,
Pomodoro sauce **NF 12**

CINNAMON GNOCCO

FRITTO (From 11.30am) Cinnamon sugar dusted dough balls, chocolate dipping sauce **NF 12**

POLENTA STICKS with herb gioli GF NF 14

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with herb aioli **GF NF** 11

mains

SOURDOUGH PANCAKES

Choose from:

Tiramisu: mascarpone, chocolate sauce, coffee syrup, chocolate shavings **NF 22**

Summer Fruit: mascarpone, grilled thyme stonefruit, toffee sauce **NF 22**

HASH STACK

Herbed hash cakes, grilled smoked cheese, creamy mushrooms, baby spinach & hollandaise **GF NF 24** add Plan*t sausage **GF NF 6**

AVOCADO TOAST

Confit tomato, crumbled feta, Sicilian red pesto, avocado, toasted seeds & micro greens on toasted ciabatta **GF* 23** add chive scrambled tofu **GF NF 7**

SCRAMBLE BOWL

Chive scrambled tofu, Plan*t sausage, creamy mushrooms, confit tomato, wilted spinach, avocado, hollandaise **GF NF 24**

THE BIG BREAKFAST

Chive scrambled tofu, confit tomato, Plan't sausage, creamy mushrooms, wilted spinach, herbed hash cake & hollandaise on toasted ciabatta **GF* NF 25**

CARBONARA

Spaghetti with carbonara sauce, facon & cashew parmesan **NF* 24**

PUTTANESCA

Spaghetti with capers, olives, aubergine 'anchovies', tomato sauce, cashew parmesan **NF* 24**

TRUFFLE BURGER

Plan*t beef patty, truffled mushrooms, smoked cheese, caramelised onions, Cos lettuce, pickles & herb aioli in a brioche bun, with fries or Caesar side salad **NF 25**

CHICKEN PARMA BURGER

Crumbed plant based chicken patty, chargrilled aubergine, cashew mozzarella, Cos lettuce, pickles, tomato relish & herb aioli in a brioche bun, with fries or Caesar side salad **NF* 25**

CAESAR SALAD

Cos lettuce, facon bits, aubergine 'anchovies', croutons, cashew parmesan, Caesar dressing piccola **GF NF* 16** grande with seitan 'chicken' **NF* 24**

brunch sides

Plant based ham NF 4
Plan*t chorizo GF NF 5
Plan*t sausage (1) GF NF 6
Seitan 'chicken' NF 7
Hash cakes (2) GF NF 7
Avocado GF NF 6
Confit tomato GF NF 6

Cashew mozzarella **GF 4**Ciabatta (2) **NF 7**GF bread (2) **GF NF 8**Hollandaise **GF NF 2**Herb aioli **GF NF 2**Caesar mayo **GF NF 2**

pizza from 11.30am

Our sourdough pizzas are fermented for 48 hours for our healthier take on Roman style pizza. Your choice of our regular base or gluten free sourdough base. We are unfortunately unable to cater for coeliac or severe nut allergies as we make all our dough & cheeses from scratch.

MARGHERITA

Pomodoro sauce, house cashew mozzarella, fresh basil, olive oil **GF* 22**

TUTTO CARNE

Pomodoro sauce, Plan*t sausage, chorizo, crumbled beef, plant based ham, caramelised onion, BBQ sauce, cashew mozzarella & parmesan 30

POLLO

Pomodoro sauce, seitan 'chicken', cashew mozzarella, smoked cheddar, BBQ sauce, herbed aioli drizzle, Spanish onion 28

PIZZA PATATINE

Garlic-bianca base, shaved potato, rosemary, smoked cheddar, cashew mozzarella, parmesan, Spanish onion **GF*** 25 add capers **2**

TARTUFO

Mushroom cream, mixed mushrooms, smoked cheese, parmesan, rocket, truffle oil **GF* NF* 26**

TROPICALE

Pineapple, plant based ham, cashew mozzarella, smoked cheese, chilli oil **GF* NF* 25** add BBQ sauce **2**

ZINGARA

Pomodoro sauce, chorizo, red pepper, olives, red onion, cashew mozzarella, Sicilian red pesto **GF* 25**

VERDE

Garlic-bianca base, broccoli basil pesto, friarielle, artichoke, caramelised onion, rocket, cashew mozzarella, parmesan **GF* 26** add crumbled 'chorizo' **6**

PARMIGIANA

Pomodoro sauce, aubergine, cashew mozzarella, smoked cheese, parmesan, basil **GF* 25**

pizza add ons

Seitan chicken **NF** 7 Plan't chorizo **GF NF** 6 Pulled plant based beef **NF** 7

Vegan ham **GF NF** 6 Kalamata olives **GF NF** 2 Artichoke **GF NF** 3 Charred aubergine **GF NF** 3

Capers GF NF 2
Rocket GF NF 3
Roasted red pepper GF
NF 3

Spanish onion **GF NF** 2 Creamy mushrooms **GF NF** 3

Pineapple **GF NF**Cashew mozzarella **GF**Smoked cheddar **GF NF**Herbed aioli **GF NF**BBQ sauce **GF NF**

oli drizzle, Spanish onion NF* 25 mozzarella, smok