



# brunch

## GRANOLA BOWL

Chia seed buckwheat-nut granola with coconut yoghurt, seasonal fruit & toasted coconut (gf, sf, af) 14

## SOURDOUGH PANCAKES

Choose from:

**Poached plum**, berry compote, creamy lemon curd, toasted shaved coconut (nf, af) 17

**Grilled banana**, salted caramel & toasted walnuts (nf\*, af) 17

## THE SCRAMBLE

Scrambled tofu with shaved parmesan on toasted Shelley Bay rye sourdough (gf\*) 15  
add facon 6  
add creamy mushrooms 6

## HASH STACK

Herbed hash cake, grilled cheese, portobello steak, wilted greens & hollandaise (gf, nf) 18

## THE BIG BREAKFAST

Scrambled tofu, sausage, creamy mushrooms, baked beans, wilted greens, herbed hash cake, semi dried tomato, crispy chickpeas & hollandaise, with Shelley Bay rye sourdough (nf) 22

## QUINOA BOWL

Herbed quinoa bowl with roasted kumara, pickled beetroot, carrot noodles, rocket pesto, avocado, toasted seeds, smoked tofu & tahini dressing (gf) 22

## SHAKSHUKA

Slow cooked red pepper, cumin & tomato sauce, chorizo sausage, herbed cheese quenelle, crispy chickpeas & parsley, with Shelley Bay rye sourdough (gf\*, nf) 20

## AVOCADO BAGEL

Smashed avocado, bocconcini, semi-dried tomato, parmesan, toasted pumpkin seeds & rocket on sourdough bagel (gf\*, nf, sf, af\*) 16

## CREAM CHEESE BAGEL

Housemade cream cheese & jam on a sourdough bagel (gf\*, nf) 10

## BREAKFAST BOWL

Roasted portobello mushroom, house beans, scrambled tofu, crispy chickpeas, wilted spinach & hollandaise (gf, nf) \$19

## CHICKEN PARMA SANDWICH

Chargrilled aubergine, Plan't chicken, smoked cheddar, marinara, salsa rosa & rocket in Shelley Bay ciabatta, with fries & herb aioli (nf) 22

## PEPPERONI MELT

Pepperoni, pickles, house mozzarella, Pomodoro sauce & rocket in Shelley Bay ciabatta, served with fries OR side salad 21

## CAPRESE NOLITA

Bocconcini, semi-dried tomato, vine-ripened tomato, avocado, rocket, toasted pumpkin seeds, balsamic reduction, basil-herb aioli (gf, af\*) 22

**100 % plant based menu!**  
Please note our food comes out as ready. Check out our cabinet food or ask your server :-)

## snacks from 11.30am

### FRIES

with herb aioli (gf, nf) 10

### LOADED FRIES

Fries topped with bolognese, spring onions & herbed cream cheese (gf, nf) 17

### APPLE FRITTERS

Sliced apple fritters with cinnamon dust, toasted almonds & salted caramel sauce (nf\*, sf, af) 12

### GARLIC FLATBREAD

Sourdough garlic flatbread with olive oil drizzle (gf\*, nf, sf) 11  
add house mozzarella 3

### POLENTA STICKS

Housemade polenta sticks with salsa rosa (gf, nf\*) 12

## brunch sides

- |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|
| House beans (gf, nf, sf) 6 | Portobello mushroom 6      | Rye sourdough (nf, af) 5   |
| Facon (nf) 6               | Smoked tofu (gf, nf, af) 6 | Salsa rosa (gf, nf) 2      |
| P'Lant chorizo (nf) 4      | Avocado 6                  | Onion jam (gf, nf, sf) 2   |
| P'Lant sausage (nf) 4      | Wilted greens 6            | Hollandaise (gf, nf, af) 2 |

## pizza 11.30am - late

*Our sourdough pizzas are fermented for 48 hours for our healthier take on the delicious Roman pizza. Choose our regular base, or house made gluten free sourdough base. Our cheeses are also all made in house! Please note we are unfortunately unable to cater for coeliac or severe nut allergies due to making all our dough & cheeses from scratch.*

### PIZZA OF THE DAY

Ask your server for today's flavour 24

### MARGHERITA

Pomodoro sauce, house mozzarella, fresh basil, olive oil (gf\*, sf, af) 21

### PIZZA ROSSA

Pomodoro sauce, semi-dried tomato, vine-ripened tomato, roasted red pepper, rocket, parmesan (gf\*, sf, af) 20  
add house mozzarella 3

### PARMIGIANA

Pomodoro sauce, house mozzarella, smoked cheese, chargrilled aubergine, parmesan, basil (gf\*, sf) 23

### PIZZA PATATINE

Béchamel sauce, shaved potato, smoked cheddar, parmesan, rosemary, Spanish onion (gf\*, sf) 23

### PEPPERONI

Pomodoro sauce, pepperoni, double mozzarella, roasted red pepper, fresh red chilli (gf\*, sf) 25

### POLLO

Pomodoro sauce, shredded Plan't chicken, mozzarella, smoked cheddar, herbed cream cheese, Spanish onion 24.5

### TARTUFO

Mushroom cream, mixed mushroom, smoked cheddar, parmesan, rocket, truffle oil, (gf\*, sf) 24

### TUTTO CARNE

Pomodoro sauce, sausage, crumbled chorizo, spicy pulled brisket, mozzarella, parmesan, onion jam 26

### SICILY

Pomodoro sauce, mozzarella, Kalamata olives, aubergine anchovies, crispy capers, Spanish onion (gf\*, sf) 23

### PIZZA ADD ONS

- Plan't chicken 6
- Plan't Chorizo 6
- Pepperoni 6
- Pulled brisket 6
- Kalamata olives 3
- Chargrilled aubergine 4
- Capers 3
- Semi-dried tomato 3
- Spanish onion 3
- Wild mushrooms 4
- House mozzarella 3
- Smoked cheddar 3
- Herbed cream cheese 3

**please inform us of any allergies or dietary requirements**

gf = gluten free; gf\* = gf bread/base for \$2 extra; nf = nut free; sf = soy free; af = allium free; \* = on request